



## *Seedlings Frequently Asked Questions*

**Can I come in to visit my child?** Yes! Many mothers choose to come in to breast feed, or just to visit. If you are planning to come in and breast feed, it's a good idea to let the teachers know when you are coming in so they can help coordinate your child's feeding schedule appropriately.

**Do you take the babies outside?** Although we do not have an outdoor play area for our infants, we do have a large stroller and our teachers love to take the babies out for walks whenever possible.

**How many changes of clothes should I bring?** We recommend keeping at least three complete outfits on hand for your child (shirt, pants, socks).

**What types of blankets can we bring?** The Department of Early Learning has limited the types of blankets we are allowed to use for infants in child care. Thick fuzzy blankets are now restricted; sleep sacks that leave their arms free are preferred, and thin breathable muslin blankets are ok.

**Is there a curriculum in the Seedlings class?** Yes, there is. Our teachers provide monthly curriculum plans designed to support their developmental needs. Plans are made for 3-6 month children and 6-12 month children. The focus areas rotate, and can vary depending on what the children need.

**What kind of milk can I bring?** Formula and breast milk (fresh or frozen) can be stored at Tree Hill. We will defrost/heat breast milk using a crock pot. Please make sure your breast milk is labeled with the date it was brought in, we can store frozen milk for two weeks. Please feel free to bring in full canisters of formula, we will prepare the bottles as needed.

**What if my child has a sensitivity or allergy?** We will work with families on whatever they need when allergies are present. We may ask for you to bring alternatives for your child as needed, such as baby wipes, or food substitutions.

**Can we bring cloth diapers?** Yes, cloth and disposable diapers are both welcome.

**What needs to be labeled?** Almost everything! Please label (with child's full name) bottle pieces (base and cap), food, formula canisters, individual breast milk packets, pacifiers, blankets, and extra clothes. All containers of food or milk need to have a label stating its contents, for example, a pre-made bottle of breast milk should be labeled with child's name, date it is brought in, and say breast milk.

**What don't I need to bring?** We provide baby wipes, sheets, bibs, toys, and eating utensils (plates, bowls, spoons, forks, sippy cups). We also provide food from the kitchen and cows milk, our teachers will work with you when you are ready to introduce new foods into your child's diet.