## Seedlings Frequently Asked Questions

**Can I come in to visit my child?** Yes! Many parents choose to come in to feed their child or just to visit. If you are planning to come in and breastfeed, it's a good idea to let the teachers know when you are coming in so they can help coordinate your child's feeding schedule appropriately.

**Do you take the babies outside?** We do our best! Our Vancouver Location has access to the outdoor space from the classroom. During the dryer months our teachers will take advantage of times when other classrooms are not scheduled. Both schools also have large capacity strollers that we can use to take the babies for walks in the quiet neighborhoods with families' permission.

How many changes of clothes should I bring? We recommend keeping at least three complete outfits on hand for your child (shirt, pants, socks).

What types of blankets can we bring? The Department of Early Learning has limited the use of blankets in infant classrooms. Sleep sacks that leave their arms free are recommended.

**Is there a curriculum in the Seedlings class?** Yes, there is. Our teachers provide monthly curriculum plans designed to support their developmental needs. Plans are made for 3-6 month children and 6-12 month children. The focus areas rotate, and can vary depending on what the children need.

What kind of milk can I bring? Formula and breast milk (fresh or frozen) can be stored at Tree Hill. We will defrost/heat breast milk using bowls of water dispensed from a hot water tap. Please make sure your breast milk is labeled with the date it was brought in, we can store frozen milk for 1 month. Please feel free to bring in full canisters of formula, we will prepare the bottles as needed.

What if my child has a sensitivity or allergy? We will work with families on whatever they need when allergies are present. We may ask for you to bring alternatives for your child as needed, such as baby wipes, or food substitutions.

Can we bring cloth diapers? No, unfortunately we do not allow cloth diapers.

What needs to be labeled? Almost everything! Please label (with child's full name) bottle pieces (base and cap), food, formula canisters, individual breast milk packets, pacifiers, blankets, and extra clothes. All containers of food or milk need to have a label stating its contents, for example, a pre-made bottle of breast milk should be labeled with the child's name, date it is brought in, and say breast milk.

What don't I need to bring? We provide baby wipes, sheets, bibs, toys, and eating utensils (plates, bowls, spoons, forks, sippy cups). We also provide food from the kitchen and cows milk, our teachers will work with you when you are ready to introduce new foods into your child's diet. See refer to our suggested supplies list for items that may be needed while your child is in our care.