



Frequently Asked Questions about Transitioning to Acorns

When will my child be ready to transition to Acorns? Children may begin transitioning to the Acorns class at 11 months and must be fully transitioned before 13 months per state law. We do everything we can to make this transition as smooth as possible. Your child's teachers are watching for signs of readiness that may include boredom or restlessness in the Seedlings class, higher level gross motor activity, or self-regulating their schedule.

What time do the Acorns nap? Between 12:00 and 3:00. We will start working towards this nap schedule in the Seedlings as soon as your child seems ready, and it is helpful if you do the same at home starting around 11 months old.

Is the meal schedule in the Acorns different? Not very, Acorns eat snack at 9:30, lunch at 11:30, and snack again at 3:00.

Can I still bring food from home? You may still bring food from home if you choose. Most of the kids in the Acorns will be eating what is on the menu. If you choose to bring your own food, please discuss a plan with Miss April, and keep in mind that we are a nut free facility.

My child does not use utensils yet, is that ok? Yes. Learning to use utensils during meals is something they will work on in the Acorns, it is not a skill required for entry.

Can my child still have breast milk in the Acorns? No. Unfortunately due to the nature of busy toddlers, we cannot allow breast milk in the Acorns class. If you have concerns regarding this rule, please discuss it with the front desk and we can create a transition plan.

My baby still needs a bottle before nap, can they still have one filled with cow's milk or formula? Yes, but we consider this a temporary measure as a part of a child's transition to Acorns. The Acorns teachers will discuss a transition plan with you to eliminate daytime bottles.

I heard the Acorns sleep on mats, what if my child won't sleep on a mat? Don't worry, they will. Some children have difficulty with this transition in the beginning, but it won't take long for sleeping on a mat to be a normal part of their routine.

Do the Acorns get regular outside time? Yes, Acorns go outside to play twice a day (weather permitting). Please make sure your child has weather appropriate shoes, clothing, and jacket, as well as plenty of clothing changes in their cubby.

Can I visit my child during the day? We do have an open-door policy for parent visitation, however it is normal at this age for mid-day visits to become difficult on your child or disruptive to the classroom. We may discuss with you a plan to minimize visits, time them strategically, or stop them altogether depending on the circumstances.